

## Indian Lake Food Service Menu

Month- JANUARY 2023

School- INDIAN LAKE HIGH SCHOOL LUNCH

LINE 1

<b>WINTER BREAK</b>	<b>WINTER BREAK</b>	Chicken Patty on Bun 4 Green Beans Cauliflower Fruit/Juice Milk	Chicken Fajita 5 Refried Beans Lettuce and Cheese Fruit/Juice Milk	Bossco Sticks 6 Lettuce Salad Cherry Tomatoes Fruit/Juice Milk
Tenderloin Sandwich 9 ChickPeas Broccoli Fruit/Juice Milk	Fiestada 10 Refried Beans Carrots Fruit/Juice Milk	Poppy Seed Chicken 11 Oven Fries Orange Peppers Fruit/Juice Milk	Laker Bowl 12 Peas Carrots Fruit/Juice Milk	<b>NO SCHOOL</b>
<b>NO SCHOOL</b>	BBQ Rib Sandwich 17 Oven Fries Carrots and Celery Fruit/Juice Milk	Pasta and Sauce 18 Green Beans Red Peppers Breadstick Fruit/Juice Milk	Meatloaf 19 Mashed Potatoes/gravy Fresh Veggies Juice Milk	Pizza 20 Bosco Cheese Sticks Peas Celery Sticks Fruit/Juice/Milk
Mini Corn Dogs 23 Green Beans Carrots Fruit/Juice Milk	Burrito Bake 24 Oven Fries Red Peppers Fruit/Juice Milk	Turkey Hot Shot w/ 25 Mashed Potatoes/gravy Cauliflower Fruit/Juice Milk	Chicken Nuggets 26 Green Beans Celery Sticks Dinner Roll Fruit/Juice Milk	French Bread 27 Oven Fries Fruit/Juice Milk
Shredded chicken on 30 Bun Sweet Potatoes Broccoli Fruit/Juice Milk	Salisbury Steak 31 Mashed Potatoes/gravy Green Beans Dinner Roll Fruit/Juice Milk			Menus are subject to change due to availability of products.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.

## Indian Lake Food Service Menu

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School- INDIAN LAKE HIGH SCHOOL LUNCH

LINE 2

<b>WINTER BREAK</b>	<b>WINTER BREAK</b>	Cheeseburger on Bun 4 Peas Carrots Fruit/Juice Milk	Taco 5 Refried Beans Lettuce and Cheese Fruit/Juice Milk	Bossco Sticks 6 Lettuce Salad Cherry Tomatoes Fruit/Juice Milk
Chicken Strips 9 Baked Beans Broccoli Fruit/Juice Milk	Grilled cheese 10 Tomato Soup Carrots Fruit/Juice Milk	Philly steak/Cheese 11 Oven Fries Orange Peppers Fruit/Juice Milk	Laker Bowl 12 Peas Carrots Fruit/Juice Milk	<b>NO SCHOOL</b>
<b>NO SCHOOL</b>	Pulled Pork on 17 Tater Tots with Cheese Carrots and Celery Fruit/Juice Milk	Mini Corn Dogs 18 Broccoli Red Peppers Breadstick Fruit/Juice Milk	BBQ Rib Sandwich 19 Oven Fries Fresh Veggies Juice Milk	Pizza 20 Bosco Cheese Sticks Peas Celery Sticks Fruit/Juice/Milk
Popcorn Chicken 23 Corn Carrots Fruit/Juice Milk	Macaroni and Cheese 24 Baked Beans Red Peppers Fruit/Juice Milk	Dot's Dish 25 Tater Tots Cauliflower Fruit/Juice Milk	Chicken Patty on Bun 26 Green Beans Carrots Fruit/Juice Milk	Pepperoni Rippers 27 Oven Fries Fruit/Juice Milk
Chili 30 Carrots and Celery Uncrustable Fruit/Juice Milk	Ham/Cheese sliders 31 Broccoli/Cauliflower Fruit/Juice Milk			Menus are subject to change due to availability of products.

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