

Meadow Heights Menus November 2022

Breakfast

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Ham & Cheese Croissant	Biscuit & Gravy	Cinnamon Roll	Gogurt/Muffin	Chicken & Toast

A variety of Fruits and Milks offered daily.

Lunch

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
	1 Popcorn Chicken Potato Wedges Apple Crisp	2 Country Fried Steak Mashed Potatoes Gravy/Biscuit Mixed Fruit	3 Chicken Quesadilla Lettuce/Salsa/Beans Pumpkin Bread Raisins	4 Sausage Pancake Wraps/Syrup Hash Browns Apple Juice
7 Chicken Nuggets Ranch Potatoes French Bread Strawberries	8 Cheeseburger Or Hamburger French Fries Lettuce/Tomato/Pickles	9 Chicken & Noodles Green Peas Hot Roll Orange Applesauce	<u>3rd Grade Choice</u> 10 Macaroni & Cheese Corn Butterfinger Fluff Oranges	11 White Chili Celery Sticks/PB Cornbread Peach Crisp
14 Breaded Mozzarella Cheese Sticks Spaghetti Sauce Baby Carrots/Ranch	15 Mostaccoli Ranch Garden Salad Breadstick Pears	16 Hot Dog or Chili Cheese Dog Tater Tots Applesauce Cup	17 Turkey & Dressing Sweet Potatoes Green Bean Casserole Hot Roll/Pumpkin Pie	18 BBQ Rib Patty Corn & Carrots 100% Fruit Slushie
21 Chicken Nuggets Waffles/Syrup Hash Browns Peaches	22 BBQ Rib Patty Corn on the Cob Baked Beans Cantaloupe	23 NO SCHOOL	24 NO SCHOOL <i>Happy Thanksgiving!!</i>	25 NO SCHOOL
28 Country Fried Pork Steak/Biscuit M. Potatoes/Gravy Blueberries	29 Chicken Alfredo Steamed Broccoli Breadstick Grape Juice	30 Cheese Nachos Taco Bean Dip Apple Slices Carmel Dip		

Additional Elementary, Middle and High School Choices

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Chicken Patty	Pepperoni Pizza	Grilled Cheese	Cheese Pizza	Cheeseburger

Variety of Milks, Fruits & Vegetables offered daily.

Menu subject to change according to availability.

The USDA is an equal opportunity employer.