

# Meadow Heights Menus December 2022

## Breakfast

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Ham & Cheese Croissant	Biscuit & Gravy	Oats, Sausage & Cinnamon Toast	Bacon, Egg & Cheese Biscuit	Long John & Yogurt

A variety of Fruits and Milks offered daily.

## Lunch

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
			<u>4<sup>th</sup> Grade Choice</u> 1 Macaroni & Cheese Corn Cucumbers/Ranch Christmas Jello Cake	2 Chicken Patty Potato Casserole Cinnamon Applesauce
5 Soft Shell Tacos Lettuce/Salsa/Beans Orange Juice No Bake Cookie	6 Pulled BBQ Pork Baked Potato Cheese Sauce Texas Toast/Cookie	7 Rotini Berry Spinach Salad Breadstick Pears	8 Popcorn Chicken Ranch Potatoes Green Peas Biscuit	9 Grilled Cheese Tomato Soup Carrots/Ranch
12 Spaghetti Ranch Garden Salad Cheesy Garlic Biscuit	13 Turkey Cheese Bacon on Bun/Granola Bar Lettuce/Tomato/Pickle Potato Smiles	14 Country Fried Steak M. Potatoes & Gravy Pinto Beans Biscuit	<u>5<sup>th</sup> Grade Choice</u> 15 Macaroni & Cheese Corn Veggies/Ranch Christmas Bars	16 Chicken Nuggets Cinnamon Roll Tomato Juice

Additional Elementary, Middle and High School Choices

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Chicken Patty	Cheese Pizza	Grilled Cheese	Chicken Bacon Ranch Pizza	Cheeseburger

Variety of Milk, Fruit, and Vegetables Offered Daily.

Menu subject to change according to availability.

The USDA is an equal opportunity employer.